



**Like to extend your teaching practice to include working with older adults  
and tap into this growing market?**

**Not sure what it entails?**

**Then come along to...**

## ***Introduction to Leading Dance for Older People for Health & Wellbeing***

There's an increasing demand for more practitioners and teachers to meet the needs of the growing 'dance for older people' field.

This 1 day taster and introductory workshop will provide an insight into this field. It will:

- provide basic background information about the field; older people; and dance for health & wellbeing
- explore a range of contexts and settings of dance for and with older people (eg active & agile; people with mobility issues; aged care residents; etc)
- include showing some video examples
- demonstrate some dance content for you to experience
- include time to brainstorm who might be your potential participants
- practically explore & discuss - how you might tailor your dance experience to meet older participant needs
- provide an overview of future professional development modules by GOLD Moves Australia to more deeply explore specific contexts and settings
- provide some take home reading, resources and useful links

Presented by GOLD Moves Australia - Gail Hewton (RIPE Dance) and Julie Chenery, who together bring over 80 years of combined professional experience as artists, educators and community dance practitioners.

**Gail** has been immersed in working with older people for the past 7 years across a range of contexts and settings. In 2017 she co-programmed and co-facilitated the first Advanced Training for Dance for Parkinson's and in 2018 assisted by Arts Qld funding undertook a 6 week study tour of the UK to investigate dance for older people.

**Julie** brings many years experience as an educator and community dance practitioner. She worked with a broad range of dance teachers and artists during a decade as the inaugural Executive Officer of Ausdance Qld. Julie has added community development practice and strengths-based counselling approaches to her offerings.

**When:** 9am-4pm Tuesday 2 July 2019 (during school holidays)

**Where:** Hamilton Town Hall, cnr Rossiter Pde & Racecourse Rd, Hamilton, Brisbane

**Cost:** \$100 including lunch, morning & afternoon tea

**More info:** [www.ripedance.com.au/training](http://www.ripedance.com.au/training)

**Bookings:** [www.trybooking.com/book/event?eid=493450&](http://www.trybooking.com/book/event?eid=493450&)

**Contact:** Gail 0411 720 391 or Julie 0408 779 373 or email [ripedance@gmail.com](mailto:ripedance@gmail.com)



**GOLD Moves Australia**