



**Like to extend your teaching practice to include working with older adults
and tap into this growing market?**

Not sure what it entails? Then come along to...

Introduction to Leading Dance for Older People for Health & Wellbeing

There's an increasing demand for more practitioners and teachers to meet the needs of the growing 'dance for older people' field.

This 1 day taster and introductory workshop will provide an insight into this field. It will:

- provide basic background information about the field; older people; and dance for health & wellbeing
- explore a range of contexts and settings of dance for and with older people (eg active & agile; people with mobility issues; aged care residents; etc)
- include showing some video examples
- demonstrate some dance content for you to experience
- include time to brainstorm who might be your potential participants
- practically explore & discuss - how you might tailor your dance experience to meet older participant needs
- provide an overview of future professional development modules by GOLD Moves Australia to more deeply explore specific contexts and settings
- provide some pre-workshop reading, and take home resources and useful links

Presented by GOLD Moves Australia - Gail Hewton (RIPE Dance) and Julie Chenery, who together bring over 80 years of combined professional experience as artists, educators and community dance practitioners.

Gail has been immersed in working with older people for the past 7 years across a range of contexts and settings. In 2017 she co-programmed and co-facilitated the first Advanced Training for Dance for Parkinson's and in 2018 assisted by Arts Qld funding undertook a 6-week study tour of the UK to investigate dance for older people.

Julie brings many years' experience as an educator and community dance practitioner. She worked with a broad range of dance teachers and artists during a decade as the inaugural Executive Officer of Ausdance Qld. Julie has added community development practice and strengths-based counselling approaches to her offerings.

When: 9am-4pm Sunday 13 Oct 2019

Where: Albert Park Flexible Learning Centre, Clifton St, Petrie Terrace, Brisbane
(on-site parking enter via Clifton St)

Cost: Early Bird price before 5pm Friday 13 September \$100
Regular price after 13 September \$125
Includes light lunch, morning & afternoon tea

Bookings: <https://www.trybooking.com/BEWFX> **More info:** www.ripedance.com.au/training

Contact: Gail 0411 720 391 gma.gailhewton@gmail.com Julie 0408 779 373 or gma.juliechenery@gmail.com

Comments from participants who did this workshop in July 2019

- *I can't thank you enough for the amazing workshop last Tuesday. It was truly inspiring. Thank you for sharing all of your knowledge, experience and personal stories with us. I feel like I've found my calling!! This just feels like the right direction for me to take and the right timing as well. I'm really excited of the potential prospects that lie ahead for me and others to work in the area of Dance of Older Generations. It's like all of my prior learning and experience is coming together for an exciting new pathway into the future. I feel very fortunate to have you with us.*
- *Thank you so so much for an incredible day. I absolutely loved it and really appreciated all the work you and Julie put into the presentation and practicals. I took that many notes, my brain is going 100 miles an hour at present!!!! I want to implement something in Term 3.*